

Employee:	Date of Evaluation:			
Procedure: Incentive Spirometry	PEL/VIP, LTD 9840 Southwest Highway Oak Lawn, IL 60453 708-423-8888			
Age-Specific Resident Type:	Setting:	A	UA	NA
PRELIMINARY STEPS				
Obtains/verifies physician's orders				
Selects appropriate equipment and supplies				
Washes hands and dons universal precaution barriers as indicated				
RESIDENT INTERACTION AND EQUIPMENT PREPARATION				
Verifies patient identity and introduces self and explains procedure to patient				
Properly positions patient				
Performs basic patient assessment; breath sounds and vital signs				
Assembles Equipment. Instructs the patient to hold the incentive spirometer in an upright position.				
Instruct the patient to place the mouthpiece in their mouth and seal their lips tightly around it.				
Breathe in slowly and as deeply as possible. Hold your breath as long as possible. Exhale slowly				
Rest for a few seconds and repeat steps one to five at least 10 times every hour or as ordered				
After each set of 10 deep breaths, instruct patient to cough to be sure lungs are clear. Observes sputum characteristics, if applicable.				
Stores equipment properly				
RESIDENT EVALUATION / TERMINATION OF PROCEDURE/DOCUMENTATION				
Re-assesses vital signs and breath sounds				
Disposes of gloves; washes hands				
Documents procedure				
A = ACCEPTABLE UA = UNACCEPTABLE NA = NOT APPLICABLE				

Employee Signature _____

Evaluator Signature _____