

Employee:	Date of Evaluation:			
Procedure: Meter Dose Inhaler Skill Verification without Spacer	PEL/VIP, LTD 9840 Southwest Highway Oak Lawn, IL 60453 708-423-8888			
Age-Specific Resident Type:	Setting:	A	UA	NA
PERFORMANCE COMPONENT				
Obtains/verifies physician's orders				
Selects appropriate equipment, medication, and supplies				
Washes hands and dons universal precaution barriers as indicated				
Verifies patient identity and introduces self and explains procedure to patient				
Performs basic patient assessment; breath sounds and vital signs				
CLOSED MOUTH TECHNIQUE				
Remove the mouthpiece cover and make sure there aren't any loose parts inside the mouthpiece.				
Shakes canister to mix medication				
Primes the MDI into the air if it is new or has not been used for several days				
Have patient sit up straight or stand up				
Exhale fully and hold the MDI so the mouthpiece is at the bottom and the canister is sticking out of the top of the MDI.				
Place the MDI between patients lips. Make sure that their tongue is flat under the mouthpiece and does not block the MDI				
Have patient seal their lips				
Actuate the MDI as they begin to slowly take in a breath				
Instruct patient to hold their breath for 10 seconds. If they cannot hold their breath for 10 seconds, then for as long as possible				
Wait 30–60 seconds if another dose of medicine is needed				
If taking an inhaled corticosteroid, instruct patient to rinse their mouth after the last puff of medicine and spit the water out — do not swallow				
Replace the mouthpiece cover on the MDI after each use.				
Assesses patient for adverse reactions and acts appropriately				
Encourages patient to cough; observes sputum characteristics, if applicable				
Re-assesses vital signs and breath sounds				

Documents procedure			
A = ACCEPTABLE UA = UNACCEPTABLE NA = NOT APPLICABLE			

Evaluator Signature: _____

Employee Signature: _____